

## The Power of Your Meridians Class Introduction

*Welcome*

*Opening Blessing*

*Review Agenda:*

Class dates: We will meet once a month for 4 months

Thursdays from 6:30 – 8:00 pm Central Time

Each class will be recorded, and you will have indefinite access, 24/7 via your registration portal on my Web Site

Feb 15<sup>th</sup> Meridians We will review include: Central, Kidney & Bladder

March 21<sup>st</sup> Meridians We will review include: Governing, Liver & Gallbladder

May 23<sup>rd</sup>. Meridians We will review include:  
Heart, Circ Sex, Sm Intestine & TW

April 18<sup>th</sup>. Meridians We will review include:  
Spleen, Stomach, Lung & Lg Intestine

*Goals of your Experience:*

- Gaining a Deeper Understanding of the POWER that YOUR Meridians Hold for Self-Care and for Your Clients
- Become more Proficient in Tracing Your Meridian Energy Cycle
- Understand how the Meridians Nourish All Your Organs and The Systems They Serve
- Review Physical Symptoms as They Relate to Meridian Energy Imbalances.

Please Type your questions into the chat box at the bottom of your screen. We will answer as many questions as possible in the time that we have tonight. All unanswered questions will be addressed via web site within Your Profile under the Forum section (near bottom of page) for this workshop. Only those participating in this workshop will have access to all forum questions and discussions. The Forum section for all courses and workshops will remain open for all time.