



MidWest Energy Movement Healing With Joy!!

Wednesday's Energy Wisdom Circle

with

Dr. Gail Van Kanegan, DNP, FNP, EEM-AP ARF-CP, Reiki Master

Stress Hormones Creating Energetic Imbalances

Location: Hermitage Farm Center for Healing, Rochester, MN

Date: Wednesday January 24, 2024

Time: 6:30 PM - 8:00 PM

Tuition: \$20 (cash preferred)

Contact: Dr Gail 507-244-1994 healing@drgailV.com

Calling All Healing Arts Practitioners!!

Join us for an inside look at how Your Natural Stress Hormones Create Energetic Imbalances. Apply knowledge for Self-Care and your Professional Practice
Public Welcome!

Review symptoms that begin the energetic unbalancing process
Generate Awareness of Your Power to Resist stress responses
Share your experiences!

Arrival Time: 6:10 for In-Class Registration

